

# Enriching Lives

WINTER 2024

## DREAM, IMAGINE, INSPIRE

Saint John's was in full bloom during **Art En Fleurs** in September, welcoming hundreds of visitors to experience presentations in floral design, horticulture, photography, botanical arts and education.



## IN THIS ISSUE:

- 8<sup>th</sup> Annual Symposium On Aging
- Reimagining Healthcare at Saint John's
- Leaving A Legacy
- Welcome New Board Members

We were honored to be chosen as the host location of this Garden Club of America Major Flower Show, held in Milwaukee once every three years. Give a round of applause to all the florists for their creativity, elegance and ingenuity and to the many Garden Club volunteers who seamlessly pulled it all together!



LOOKING  
BACK ON  
**155**  
YEARS  
OF LOOKING  
FORWARD

*A Better View On Life*

## Peril and Promise: Aging on the Edge of Change



**March 13–14, 2025**

With 10,000 Americans turning 65 every day and medical advances enabling individuals to live longer, healthier lives, we are faced with worrisome issues leading to potential perilous consequences for both our individual and our collective well-being. Yet, too, advances in the arts, faith, social policy, geriatrics and science promise transformative change.

In a provocative combination of lectures, seminars, conversations and cultural insights, the 2025 Symposium On Aging will:

- Ask insightful, thought provoking questions surrounding the quest for longer, healthier lives,
- Inspire us to step outside our comfort zones and explore ideas that challenge our preconceived notions,
- Deliver a compelling vision for how we can bridge our many divides at this time of great change and disruption.

**Community Registration Opens: January 13**  
**or**  
**Saint John's Resident Registration Opens**  
**in the Community App: February 17**

**SAINT JOHN'S**  
ON THE LAKE  
SYMPOSIUM ON AGING



SCAN ME

### **SPEAKERS and TOPICS**

**Anne Basting, Ph.D.**, is Emerita Professor of English at the University of Wisconsin-Milwaukee and Founder of the award-winning non-profit TimeSlips.org

#### **OF PERILS AND POSSIBILITIES**

**Lawrence Bartley** is the founder and director of News Inside, the print publication of The Marshall Project, a nonprofit news organization that seeks to create and sustain a sense of national urgency about inequities within the U.S. criminal justice system.

#### **POOR, SICK AND IN PRISON**

**David Southward, Ph.D.**, is an Associate Teaching Professor at the Honors College at the University of Wisconsin-Milwaukee leading introductory courses in graphic novels and film, as well as advanced courses in poetry and aesthetics.

#### **PAIN AND BEAUTY: AGING AS CREATIVE PROCESS**

**Paul Greenwood, J.D.**, served the San Diego District Attorney's office as a deputy district attorney later forming a new unit focusing on obtaining justice for older victims and for victims with mental or physical disabilities.

#### **PUTTING THE SPOTLIGHT ON ELDER ABUSE – A CRIME TOO OFTEN COMMITTED IN THE SHADOWS**

**Emily Rogalski, Ph.D.**, is a clinical and cognitive neuroscientist researching aging, Alzheimer's and related dementias.

#### **BOOST YOUR BRAIN HEALTH: LESSONS FROM THE SUPER AGING RESEARCH INITIATIVE**

**Andrew Steward, Ph.D.**, is an Assistant Professor of Social Work at the University of Wisconsin-Milwaukee Helen Bader School of Social Welfare.

#### **CHALLENGING INTERNALIZED AGEISM TO TELL OUR STORY OF AGING IN A NEW WAY**

**Philip Stafford, Ph.D.**, is Adjunct Professor, Department of Anthropology, Faculty Affiliate at the Ostrom Workshop in Political Theory and Policy Analysis, and the retired Director of the Center on Aging and Community at Indiana University.

#### **LOCATING OLD AGE**

**John Inazu, Ph.D.**, is the Sally D. Danforth Distinguished Professor of Law and Religion at Washington University in St. Louis.

#### **LEARNING TO DISAGREE: BOLD PERSPECTIVES IN A WORLD OF CHANGE**

# Donor Generosity

## ROCKET LAUNCHERS!

Saint John's is reimagining the quality, access and impact of healthcare options available at Saint John's through the formation of a strategic alliance with the Medical College of Wisconsin, widely known for their academic excellence.



We thank Saint John's residents, **Tony and Kathie Asmuth, Bruce and Betsy Axelrod, Tom and Sally Basting, Rebecca Elon and Bill and Missy Levit**, who were approached and responded with generosity to cover the unbudgeted operating expense incurred in 2024 to initiate this partnership.

The 2025 Annual Campaign – set to kick off in May – will focus on building an endowment fund to assure in perpetuity that physician services at Saint John's will be led by a Medical Director with expertise in Geriatric Medicine and a commitment to improving systems of care.



**Saint John's Physician Team (left to right)**  
Dr. Rachel Saltness, Saint John's Medical Director & Neighborhoods' Physician;  
Dr. John Sanidas, Wellness Center & Neighborhoods' Physician; and  
Dr. Laura Brusky, Wellness Center Physician & Geriatrics Teaching Rotation

## ANNUAL CAMPAIGN IN PROGRESS

We extend thanks to those who have contributed to our 2024 Annual Campaign. This year's campaign highlights the importance of the **Angela Titus Fund for Education Related to Cognitive Loss** in supporting the education and training of Saint John's employees, residents and resident families to foster a supportive, inclusive environment for individuals with cognitive loss to live and fully participate in community life. To view the 2024 Campaign Video go to: <https://saintjohnsmilw.org/foundation/joyful-giving/> (or scan this Code)

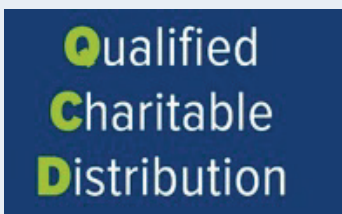
A gift to the Foundation offers many options to direct your donation to address aspects of Saint John's that are important to you. Our campaign is open through year-end.



SCAN ME



**Angie Titus**  
8/03/74 – 3/18/2019



An impactful and tax-friendly way to support Saint John's is through a qualified charitable distribution (QCD), also known as an IRA charitable rollover. Individuals at least 70 1/2 years of age may make a qualified charitable distribution directly from their IRA custodian to Saint John's Communities. Please consult with your tax advisor to determine how this may benefit your personal tax filing, satisfy your required minimum distribution and benefit a charitable organization – a win, win, win!

# Leaving a Legacy

## FAMILIES UNITE TO HONOR FRIENDSHIP

In 2019, **Jill Heavenrich** was welcomed into the Legacy Society when she named the Foundation as a beneficiary of her residency contract refund.

This planned gift was to one day open the Heavenrich Cultural Arts Fund. The Teweles and Heavenrich families later discussed the benefit of redirecting Jill's gift to build upon the impact of the already established Bill & Nicole Teweles Entertainment Fund. Combining two funds focusing on quality Cultural Arts programming enhances the fund's potential while streamlining administration. We thank the families for their thoughtful consideration of this legacy honoring their parents' long friendship and their shared commitment to the Arts.



**Jill Heavenrich and Nicole Teweles**

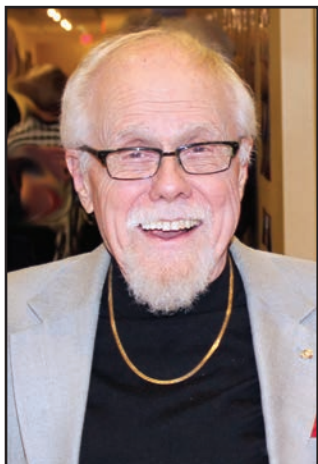
### **Teweles/Heavenrich Cultural Arts Fund**

*Founded in 2016 as the Bill & Nicole Teweles Entertainment Fund and expanded in 2024 by their dear friend Jill Heavenrich to celebrate the bonds of friendship and a shared passion for supporting the arts through live theater, film screenings and visual arts-related exhibits.*

Residents recently attended a Milwaukee Film Festival screening of Martin Scorsese's film, *Made in England*. Tickets and Transportation to the Oriental Theater were supported by the **Teweles/Heavenrich Cultural Arts Fund**.

## A LEGACY OF SPIRIT

**John Stewig** and **Dick Bradley** arranged for a future gift to Saint John's through their residency contract refund to support the **Chaplaincy and Chapel Music Campaign** in 2016. With John's passing in September, a portion of that gift was given to the endowment and serves as a reminder of their commitment to



**John Stewig**

spiritual wellness in our community. When you next visit Saint John's Chapel, take a moment to reflect with gratitude and feel the warmth of his spirit.

## PLANNED GIFTS CREATE YOUR PERSONAL LEGACY

Our Legacy Society members know the importance of planning with intention to make a difference in Saint John's future. Legacy donors believe in the extraordinary impact that a planned gift makes on Saint John's ability to be an unrivaled provider of retirement living. When you make this decision, you have the satisfaction and the joy of giving now, while feeling no financial effect during your lifetime. Please consider naming Saint John's as a beneficiary in your estate plans or assigning a portion of your residency refund to the Foundation. Once the gift is committed, you are welcomed into the Legacy Society. If you have made prior plans, please inform us so we can thank you personally.



**November is our Legacy Society & Top Donor Appreciation Month. We give special thanks to all those individuals who advance the mission of Saint John's with the arrangement of a forward-thinking planned gift or through lifetime giving of \$10,000+.**

# Spotlight on Generosity

## WE WELCOME OUR NEWEST LEGACY SOCIETY MEMBERS



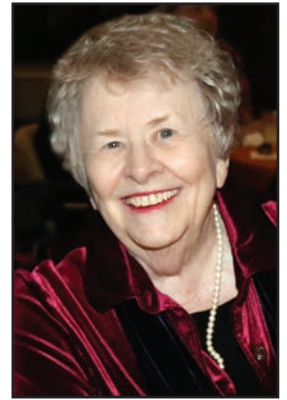
**Suzy Brennan**

**Suzy Brennan's** involvement with Saint John's spans generations as her mother, Elma Wright, called Saint John's home for 9 years until her passing in 2007. Suzy dedicated many years of service to the Saint John's Communities' and the Foundation Boards of Directors, and this past February she exchanged her title of "Shore Holder" for one of "Resident."

Suzy served for 12 years on the Foundation Board as a solicitor for and steward of the assets held in the Foundation. When she joined the Board in 2012, the Foundation investment portfolio was \$3.5 million. By year-end 2023, the assets had grown to an astounding \$9.8 million!

Saint John's is honored and grateful for her gifts of time, talent and treasure as a long-term director, and donor, to our important work.

With her move to Saint John's, Suzy has extended her legacy to include a gift through her residency contract refund to benefit the **General Fund**, demonstrating her appreciation and dedication to Saint John's mission.



**Jane Ziol**

**Jane Ziol** has thoughtfully chosen to assign a future gift from her residency contract refund to the **Directors Fund for Charitable Care**.

This Fund supports residents who have outlived their assets to maintain their residence although their personal resources can no longer fully cover their residency costs. We thank Jane for her legacy gift and for making a difference in the lives of others.



## Board News

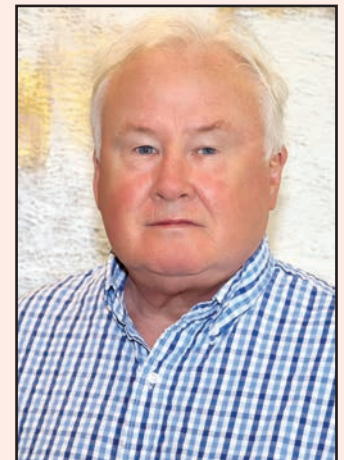
Our gratitude to the newest Saint John's Communities and Foundation Board Members for their commitment to advancing the mission of Saint John's.



**Bill Fry**  
Communities Board  
Director

**Bill Fry** brings an academic background in Business and Nursing and a long career in the mental healthcare field to the Communities Board. Bill is passionate about issues related to mental health, with a focus on depression and isolation among older adults.

A graduate of Williams College and the Booth School at the University of Chicago, **Peter Larson** shares his experience in client advising and senior leadership at consulting and wealth management firms as a Director of the Foundation Board.



**Peter Larson**  
Foundation Board  
Director

# A Culture of Philanthropy



## CELEBRATING 50 YEARS

Congratulations to **Eastside Senior Services (ESS)** on celebrating 50 years of service! It's our honor to partner

with ESS as we embrace their mission of helping older adults live independently and stay connected to their community. As they continued to settle into their new home located on the 3<sup>rd</sup> Floor of Saint John's Central Tower, Saint John's was able to "pay it forward" with a donation of an office furniture system.



Saint John's Resident and Staff Volunteers

On December 6, Saint John's hosted Eastside Senior Services' Holiday Celebration in the North Cultural Arts Center. The attendees enjoyed a delicious luncheon served by resident and employee volunteers who shared their warm hospitality. It was an honor to usher in the joy of the season with the clients and the volunteers of Eastside Senior Services, who selflessly spread cheer by helping older adults throughout the year.

## HOPE FOR A TOMORROW TO REMEMBER

Residents, employees and family members dedicated a Sunday morning to participate in the **2024 Walk To End Alzheimer's**. Thank you to our generous team supporters who helped us raise \$2,500 to bring awareness to Alzheimer's Research.



Cheri McGrath & Shadow

## 3<sup>RD</sup> ANNUAL PET SHOW HONORS OUR BELOVED CHERI

With over 50 pets calling Saint John's home, the early fall pet show has become a fan favorite for humans, canines and felines alike. A generous donation coupled with modest expenses allowed for a gift of \$1,500 to Seeing Eye in memory of our dynamic duo, **Cheri McGrath** & her guide dog, **Shadow**. A \$1,000 contribution was also presented to the Wisconsin Humane Society to help provide the extra care needed for senior pets. Special thanks to our very devoted sponsor, **Richard Quadracci**.

**SAINT JOHN'S**  
ON THE LAKE  
**COMMUNITY IMPACT**

# Sharing the Love

- Saint John's is now equipped with **LifeVac** Anti-Choking devices ([www.lifevac.net](http://www.lifevac.net)) in all dining areas and on our community bus. While we earnestly hope that we never have to put one of these devices to use, we are deeply grateful to **Dr. Susan Behrens** for making this possible.

- Vroom Vroom! We gratefully acknowledge **Joan Hardy** who, prior to relocating to Iowa to reside closer to loved ones, donated her 2009 Honda CRV. This vehicle was added to Saint John's fleet, freeing up an older model to sell, with the proceeds benefitting Saint John's Foundation. Many thanks!



- Our deep appreciation to **Lakeside Manufacturing Inc.** and to **Larry and Judy Moon** for facilitating the generous donation of 4 beautiful catering carts to Saint John's. These commercial grade carts elevate the professionalism and efficiency of our dining service.
- Our very own **Knit Wits & Stitch Wits** sold their handmade goods at the November Holiday Marketplace and donated the entire proceeds of \$1,030 to the **Directors Fund for Charitable Care!**
- And, extra gratitude to **Kathi Hillyer** for donating 25% of her Marketplace sales to benefit the **Employee Holiday Fund.**



- The **Chapel Committee's Advent Project** is raising funds for the **Repairers of the Breach (ROTB)**, a daytime sanctuary empowering homeless and at-risk men and women by providing the resources they need to get back on track. It's not too late to contribute!

- Make the holidays brighter for those finding themselves in need of food this season. Place nonperishable items in the **Kinship Community Food Center** bin located in South Tower valet closet and **Kent Mayfield** will transport your kind donations.



(left to right) Art Brooks, John Dawson, Bryant D. Perkins, Steve Byer and Jim Ballard

- **Jim Ballard**, who has tirelessly delivered donations year-round to serve the clients of the **Milwaukee Rescue Mission**, is passing the baton to **Russ Kafka**. Thank you Jim for your years of dedicated community outreach and to Russ for continuing Saint John's opportunity to pay it forward through the donation of gently-used coats, scarves, gloves, socks, undergarments and toiletries. Please deliver your donated items in a plastic bag and place in the bin in the South Tower Valet Closet.

## IMPACT CHANGE IN HONOR OF DR. MARTIN LUTHER KING, JR.

Dr. Martin Luther King Jr. had a vision of equality and human rights for African Americans, the economically disadvantaged and all victims of injustice. Join us the Week of January 20-24 as Saint John's holds a supply drive to benefit the clients of **Repairers of the Breach** in observance of Dr. Martin Luther King Jr.'s Birthday and to build on the impact from Saint John's 2024 Advent collection. Watch for more details the first week in January.



# Joyful Shopping

## VISIT THE SHOP AND BRING HOLIDAY JOY!

Just take a left off the Central Tower elevator at the Ground Level...and you have arrived at Surprising Findings!

**Hours of operation are:** Tuesday 1 p.m. – 4 p.m., Thursday 10 a.m. – 1 p.m. and 1<sup>st</sup> Saturday of the Month (non-holiday weekends) 9 a.m. – 11 a.m. Donations accepted during hours of operation.

Surprising Findings' 2024 sales have reached over \$50,000 to support Saint John's Community Impact Initiatives. Thank you to all for making a difference in the lives of others through your generous donations and, of course, by shopping in our store!



## Surprising Findings

Joyful Shopping @ SAINT JOHN'S ON THE LAKE

Also, shop our online Etsy store where you will find higher value vintage and antique items for sale. If you are interested in purchasing an Etsy item, or require assistance with a donation, contact Paulina Ruiz-Maki 414.831.6875 or PRuizMaki@SaintJohnsMilw.org.



Visit our online shop at [www.etsy.com/shop/surprisingfindings](http://www.etsy.com/shop/surprisingfindings) or scan this QR Code.



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Scan this code with your phone's camera to be linked to our Facebook page.

Follow us on Facebook to see Saint John's happenings and meet some of our incredible residents and team members.



Questions?  
Call Us: 414-831-6900.

**SAINT JOHN'S**  
ON THE LAKE

## Enrich the Present, Enhance the Future

*Enriching Lives* is a publication of Saint John's Office of Philanthropy which represents Saint John's Communities and Saint John's Communities Foundation. Visit our website at [www.SaintJohnsMilw.org](http://www.SaintJohnsMilw.org).

We encourage you to enjoy the gift of giving. Our office accepts cash, check, credit card or appreciated stock. All financial gifts to Saint John's Communities and Saint John's Communities Foundation qualify under Section 170(f)(8) as eligible for tax deduction. Credit card gifting is available through our office or through our website.

For information about any form of giving, contact:  
Cathy Carr, Director of Philanthropy at 414.831.6905  
or CCarr@SaintJohnsMilw.org

**SAINT JOHN'S**  
COMMUNITIES FOUNDATION, INC.

**SAINT JOHN'S**  
ON THE LAKE

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